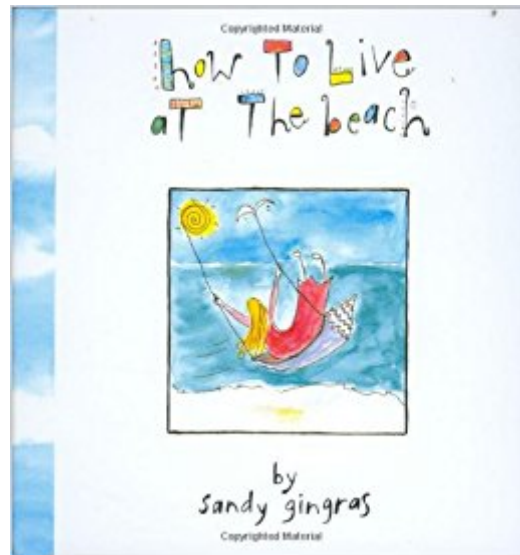




The book was found

How To Live At The Beach



Synopsis

With delightful illustrations and simple prose, Sandy Gingras strips away the complicated, structured way of life we cling to and helps us find perspective and appreciation in simple things - like the beach. *How to Live at the Beach* is a gift book that is at home anywhere, on any coast, or far from it. For the beach is only a metaphor, and with every reading we are awakened: How we might live, how we can pace ourselves, how we can appreciate our world, how we can love.

Book Information

Hardcover: 56 pages

Publisher: Sourcebooks (May 1, 2001)

Language: English

ISBN-10: 0945582730

ISBN-13: 978-0945582731

Product Dimensions: 6 x 0.5 x 6 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 19 customer reviews

Best Sellers Rank: #384,041 in Books (See Top 100 in Books) #19 in [Books > Travel >](#)

[Specialty Travel > Beaches](#) #407 in [Books > Arts & Photography > Photography & Video >](#)

[Photojournalism & Essays > Photo Essays](#) #2569 in [Books > Health, Fitness & Dieting >](#)

[Mental Health > Happiness](#)

Customer Reviews

"Captures the pure simplicity of seaside living. This gift book couples lively illustrations with thoughtful musings for readers who understand the beach is more than just a place for sun and sand. Like the ocean itself, this book nourishes the mind, heart, and soul." --Coastal Living magazine
"Her book, like the beach, offers us a chance for renewal." --The Beachcomber

For those of us so busy living that we forget how to live‹a little manual of beachiness to nudge us back toward simplicity.

Love all of Sandy Gingras books! Good thoughts to live by and easy to remember! Always a good gift to give and to receive.

I purchased "How To Live At The Beach" for my friend as a thank you for having us at her shore

house. I saw this book on a coffee table when my husband and I were on vacation and immediately thought of buying one to give to her. The watercolored illustrations are so enjoyable to look at and the sayings and phrases throughout the book are humorous, inspiring and just plain fun to read. This is a book that will delight adults and children.

Small, but really cute & positive read to have lying around a beach house!

Love this book. I've purchased 2 for myself and 2 others for friends.

a lovely book on beach life . It will get you thru the winter and make the summer better. Just pages of summer beach thoughts

I already own a copy which I keep at bedside and read periodically. It's very soothing. I purchased another copy from to give to a friend who has a place on the water.

Fun little book. A good addition to the coffee table of any beach house.

thoughtful present for any beach lover and good price

[Download to continue reading...](#)

South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes (south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet cookbook) South Beach Diet: The South Beach Diet Beginners Guide to Losing Weight and Feeling Great! (south beach diet, south beach diet beginners guide, south beach diet recipes) South Beach Diet: South Beach Diet Book for Beginners - South Beach Diet Cookbook with Easy Recipes (Low carbohydrate Living - Low Carbohydrate Diet - Modified Atkins Diet 1) South Beach Diet: The South Beach Diet Guide For Beginners: How To Feel Great And Healthy With The South Beach Diet South Beach Diet: The South Beach Diet Plan For Beginners: South Beach Diet Cookbook South Beach Diet: The South Beach Diet Guide for Beginners With Complete Meal Plan & Delicious Recipes to Get Healthy and Lose Weight Fast (South Beach Diet Series) (Volume 1) South Beach Diet: The South Beach Diet Guide for Beginners With Complete Meal Plan & Delicious Recipes to Get Healthy and Lose Weight Fast (South Beach Diet Series Book 1) South Beach Diet: Lose Weight and Get Healthy the South Beach Way (South Beach Diet, Weight Watchers, Mediterranean Diet) South Beach Diet: Beginners Guide to the South Beach Diet

Weight, Feel Great and Healthy with the South Beach Diet: Including quick and easy recipes (1)
South Beach Diet: Lose Weight and Get Healthy the South Beach Way (Free Bonus Included)
(South Beach Diet, Weight Watchers, Mediterranean Diet Book 1) South Beach Diet: The South
Beach Diet Plan For Beginners:: South Beach Diet Cookbook With 70 Recipes The South Beach
Diet Plan - Lose Weight with this South Beach Diet Cookbook: South Beach Diet Recipes for
Everyday Life The Insiders' Guide to North Carolina's Wilmington and the Cape Fear Coast:
Wrightsville Beach, Carolina Beach, Kure Beach, Topsail Island, South Brunswick Islands Ghosts of
California: The Haunted Locations of Costa Mesa, Fountain Valley, Huntington Beach, Irvine,
Newport Beach, Santa Ana, Seal Beach and Westminster Southern California's Anaheim, Long
Beach, Catalina Island, Newport Beach, Huntington Beach, San Juan Capistrano & Beyond (Travel
Adventures) New Jersey Beach Diver, The Diver's Guide to New Jersey Beach Diving Sites La
Dieta South Beach: El delicioso plan diseñado por un medico para asegurar el adelgazamiento
rapido y saludable (The South Beach Diet) (Spanish Edition) The South Beach Heart Program: The
4-Step Plan that Can Save Your Life (The South Beach Diet) The South Beach Heart Health
Revolution: Cardiac Prevention That Can Reverse Heart Disease and Stop Heart Attacks and
Strokes (The South Beach Diet) South Beach Diet Guía para principiantes y libro de cocina: El
plan de dieta infalible para finalmente perder peso que no puede y no fallar (South Beach Diet
- Spanish Edition)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)